

Pediatric Healthcare

Car Seat Recommendations

The American Academy of Pediatrics (AAP) recommends that all infants and toddlers should ride in a rear-facing car safety seat until they are two years of age or until they reach the highest weight or height allowed by the manufacturer.

Children 2 years and older , or those younger than 2 years who have outgrown the rear facing weight or height limit for their car safety seat should use a forward facing seat with a harness for as long as possible.

Children whose height and weight is above the forward facing limit for their car safety seat should use a belt positioning booster seat until the vehicle's lap shoulder belt fits properly. This typically occurs when they have reached 4 feet 9 inches and between the ages of 8 and 12 years of age.

For optimal protection all children under the age of 13 years of age should be restrained in the rear seats of the vehicle.

Information provided above was taken from PEDIATRICS Volume 127, Number 4, April 2011